



meaningful

LIVING & LEARNING IN A DIGITAL WORLD

SAVANNAH, GA | SUNDAY, FEBRUARY 9, 2025 - WEDNESDAY, FEBRUARY 12, 2025

2025 Tentative Schedule

SUNDAY, February 9, 2025

5:30 PM Welcome Reception and Registration, Secret Garden

MONDAY, February 10, 2025

8:00 AM Registration Desk, Greene Room
9:00 AM Welcome and Opening Keynote, Griffon Room
9:45 AM Comfort Zone Break, Greene Room*
Relaxation Station Opens, Mercer Room
10:00 AM Concurrent Session I
11:00 AM Concurrent Session II
12:00 N Boxed Lunch and Optional Mindful Activities, Greene Room*
1:30 PM 7-Minute Simple Talks, Griffon Room
2:15 PM Afternoon Tea, Greene Room*
3:00 PM Digital Detox Yoga, Pool Lawn
4:00 PM Group/Individual Reflections, Secret Garden

TUESDAY, February 11, 2025

7:30 AM Registration Desk, Greene Room
8:00 AM Concurrent Session III
9:00 AM Concurrent Session IV
9:45 AM Comfort Zone Break, Greene Room*
Relaxation Station Opens, Mercer Room
10:00 AM Concurrent Session V
11:00 AM Concurrent Session VI
11:45 AM Lunch on Your Own
1:15 PM Concurrent Session VII
2:00 PM Afternoon Tea, Greene Room*
2:15 PM 7-Minute Simple Talks, Griffon Room
3:15 PM Hand-Held Labyrinth Exercise, Pool Lawn
4:00 PM Group/Individual Reflections, Secret Garden
5:00 PM Unplugged Conversations, Greene Room*

WEDNESDAY, February 12, 2025

8:00 AM Registration Desk, Greene Room
8:00 AM Concurrent Session VIII
9:00 AM Concurrent Session IX
10:00 AM Concurrent Session X
11:00 AM Closing Panel Lunch, Pacci*
12:30 PM Safe travels home!

*events with meals or snacks